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Making a Positive Impact :)

By: Ryan Meyer

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Who Did I Make an Impact On, and Why Them?

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Step One: Take the time to call.

My first step was to call Lilly over the weekend. I knew it was important to her that we had time to talk so I made sure I had time. It pushed me because I don't always like talking on the phone when it is someone I see daily. I run out of conversation topics and feel forced. However, I made it natural and fun!

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Step Two: Write a heartfelt letter.

Sunday night, I thought it was important that Lilly knew how much our friendship meant to me. Lately, we have been going through a difficult time so I decided to write down how much I really appreciate her in my life. It pushed me out of my comfort zone because I had to explain feelings that I held back. It forced me to communicate better.

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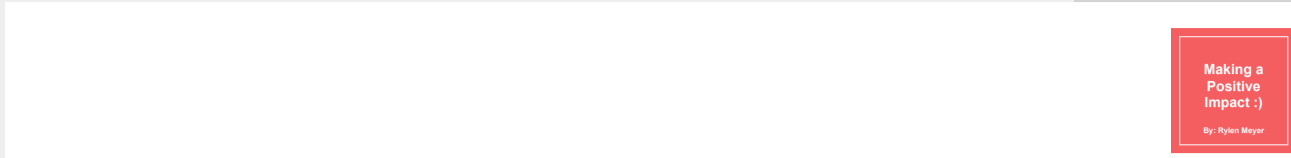
Step Three: Go for sushi!

This was on our list of things to do for a while so I finally made it happen. It was important in our relationship because it showed her that I am willing to create time for her and that she matters to me. This pushed me because I typically don't enjoy hanging out on the week day, because of my busy schedule. However, it is worth the sacrifice!

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How It Impacted Lilly

Lilly told me that she really appreciated my gestures. It made her feel special and that I was dedicated in being our relationship. Also, we had more time to talk about our day to day life and it allowed for us to feel more connected. The best message is to



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